

Dear SIT Guests,

Rogers Sugar (Lantic Inc) is proud to be the host of the 83rd annual Sugar Industry Technologists technical meeting and would like to highlight the guest tours for those that will be attending.

Day One (full day): The day will start with a visit to the Capilano Suspension Bridge Park. With many available attractions, there are certainly enough to suit all tastes (<https://www.capbridge.com/park-attractions/>). From there, you'll go up the Skyride to the top of Grouse Mountain for unrivaled views of the mountains and city below (<https://www.grousemountain.com/summer-activities>).

- **Capilano Suspension Bridge Park Highlights:**

- **Suspension Bridge:** Venture onto the swinging planks of the one and only 450-foot Capilano Suspension Bridge and experience the natural thrill that's amazed millions of visitors since 1889.
- **Treetop Adventure:** Get a squirrel's eye view of the thriving coastal rainforest from towering platforms and seven suspension bridges, which take you far beyond the forest floor
- **Cliff Walk:** Providing thrilling views on the edge of nature, Cliffwalk is a gravity-defying cantilevered walkway clinging to the granite cliff high above Capilano Canyon.
- **The Living Forest:** Get deep into the temperate West Coast rainforest ecosystem and life at the canyon's edge through this highly visual interpretation of the forest floor, rainforest canopy, and geology.

- **Grouse Mountain:**

- **Skyride:** North America's largest aerial tramway system is your gateway to the majestic nature of The Peak of Vancouver, and an experience in itself.
- **Wildlife Refuge:** Imagine a wilderness sanctuary where endangered animals can explore and play, knowing they're safe and secure. You'll find all this and more at our research, education and conservation centre on the mountain.
- **Ranger Talks:** How do you know when Grizzly Bears are playing or when they really mean business? Why do ravens hover in the sky more at certain times of the day? Our rangers know.

Day two (half day): This is a day at your pace. First, a hop on/hop off bus tour (https://westcoastsightseeing.com/hop_on/sightseeing_pass/) will lead you around the highlights of the city. With 11 stops, you can choose your exciting adventure. You won't want to miss stops #4, #6, and #11 as it takes you right into the Vancouver shopping, entertainment, and sightseeing districts!

Weather in Vancouver in late April, early May is on the cooler side with average temperatures of 10 to 17°C (50 to 63°F).

Best Regards,

Adrian Podwinski
Plant Manager, Vancouver Refinery
Rogers Sugar (Lantic Inc)

